

BENEFITS and INFORMATION

This form is all about saving money, achieving your goals quicker, and other “need-to-know” stuff. Please read on...

Instructions. Please read the following information carefully on both pages.

Then return a signed and dated copy of this document to Dr. Dianne Ruth. Keep an additional copy for your reference. If you have any questions or concerns, do discuss them with her.

Services. The services provided include Holistic Counseling, Advanced Master Clinical/Medical Hypnotherapy, Energy Psychology, and Life Coaching. **You are always free to reject any advice, suggestions, or requests made by Dr. Ruth.**

Other **FREE** extras include custom audio recordings, personal support and response to all emails, texts, spot coaching by phone, messaging between sessions, and unique scripts for self-use. **Calls are especially welcome between 11:00 a.m. and 7:00 p.m. seven days a week, including holidays.**

Appointments. Unless you make other arrangements, your sessions will be weekly. Your time is reserved for you from one week or cycle to the next. If you're uncertain about keeping your appointment, **reschedule or cancel it 24-hours in advance; otherwise, you will miss your session. You will be responsible for paying your fee in full.** Then, if you can keep it. after all, contact Dr. Ruth about getting your original time back.

If you're running late, will you please call or text her? You need to **contact her within 10 MINUTES** past your appointment time; If you have a real emergency such as tumbling down a well, being held hostage by aliens, or getting lost spelunking, Dr. Ruth will allow you to do a make-up session without an extra charge.

Fees and Sessions. Following your \$157, 1-hour, One-Time Introductory Special session, regular 1-hour sessions are \$235 each.

Payment. Cash, check, and major debit/credit cards are welcome. Dr. Ruth will store your credit card information in an encrypted vault with your permission. Your session will not be charged until the day of your appointment. When your sessions end or upon your request, Dr. Ruth will immediately shred them.

(Continued)

DR. DIANNE RUTH

PhD in Psychology • Holistic Counselor • Master Hypnotherapist

Email: DrRuth@DynamicResources.net • Website: DynamicResources.net

Call/Text (619) 961-7500 • Sessions by Phone ... that really work!

Your Holistic Counseling is coming to an end. For some, extended and ongoing care, Holistic Counseling is a way to maximize personal growth, development, and outstanding accomplishment. For others, completing the services occurs when you finish a project or transition or reach personal accountability, continuous positive self-reflection, self-directed action, and self-acceptance.

A phase-out plan is then agreed on, or a final session is arranged for a debriefing, finishing up any loose ends, final processing, progress review, and closure to the process. An open-door policy allows you the option to return to the Holistic Counseling process at a future date from then on.

Bonus! You get one free *extra* session within one cycle for each person you refer to Dr. Ruth. This additional session does not replace a regularly scheduled appointment. The referred person must complete at least three consecutive paid sessions beyond the Introductory Session for you to be eligible. You may pass this free session on to someone else.

Confidentiality. Dianne Ruth, PhD, promises that she will treat information from you as confidential. The exception is any circumstance or situation with clear and imminent danger to you or others. Then, disclosing information to the appropriate authorities is usually restricted to only what is necessary and relevant.

By signing this form, I (the client) certify that I have read, understand, and agree to all the terms and conditions herein. I accept that there is no guarantee of results since this depends on my decisions and actions.

I acknowledge that Dianne Ruth, PhD is a Doctor of Psychology and Energy Psychology Specialist, not a licensed psychologist, and does not provide psychotherapy. I hold harmless Dianne Ruth, PhD, from any liability for my actions and emotions and accept sole responsibility for them.

Parent/Guardian or **Financially Responsible Adult's Signature** **X** _____

Printed Name of Adult Above _____ **Date** _____

Printed Name of Minor Child or Adult Client _____

Comments _____