

**PACH
PRESENTS**

HYPNOSIS—AN ADJUNCT TO MEDICAL & PSYCHOLOGICAL INTERVENTIONS

COMPREHENSIVE, INTENSIVE ERICKSONIAN EMPHASIS, CSPA CLASS A CEU's

THERAPEUTIC STRATEGIES

- Hypnoanalysis
- Age Regression
- Ideomotor Signaling
- Ego Integration
- NLP—Anchoring
- Guided Imagery

CLINICAL APPLICATIONS

- Pain, Habit Control
- Phobias, Fears
- Substance Abuse
- Sexual Dysfunction
- Stress Management
- Labor and Delivery

ERICKSONIAN TECHNIQUES

- Embedded Suggestions
- Metaphors, Reframing
- Accessing and Utilizing
the Creative Child Within
- Double Binds, Dissociation
- Using Inner Resources

COURSE INSTRUCTOR— ELEANOR S. FIELD, PH.D.

Dr. Field is President of the Los Angeles Academy of Clinical Hypnosis. She has presented at National conferences of the American and Canadian Societies of Clinical Hypnosis, the Southern California Society of Clinical Hypnosis, and other regional societies, and teaches hypnotherapy at UCLA and other universities. She is on staff at the AMI Tarzana and North Hollywood Regional Medical Centers and consults on pain control and depressive disorders. Field is a full member of the American and International Societies of Clinical Hypnosis and has trained many marriage family therapists, medical doctors and psychologists. She is a licensed psychologist in private practice in Tarzana and is co-author of *The Good Girl Syndrome* (Macmillan, 1986). She has participated in many radio and television interviews which have been aired both locally and nationally.

This course presents comprehensive and intensive coverage of the total field. Emphasis is on facilitating the psychotherapy session with personalized hypnotic interventions, effective hypnotherapeutic communication for long and short term therapy, and learning how to actually utilize Ericksonian techniques in your private practice. Video tapes of Dr. Cheek and Dr. Erickson at work will be shown.

40 hours of course work are provided including case studies and experiential exercises. This is followed by an optional 30 hour practicum. 36 hours of Class A Continuing Education Units have been approved by the CSPA. BRN provider and BBSE certification.

**This course fulfills educational requirements for membership
in the American Society of Clinical Hypnosis.**

**COURSES ARE PRESENTED FREQUENTLY
IN LOS ANGELES, SAN FRANCISCO
AND ORANGE COUNTY.**

Call or write for dates and further information.

Course \$295; Practicum \$295; Both \$525;
discount for early registration.

PROFESSIONAL ASSOCIATES IN CLINICAL HYPNOTHERAPY

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