

Name _____ Date _____



Turning “Stumbling Blocks” Into Wealth by “Building Blocks” for Wealth!

INSTRUCTIONS: Please use this form as a work sheet. Cross out and rewrite any words or statements in your own words, which appear in the left column. We will integrate the right column into your work later.

Stumbling Blocks

Even though . . .

- I don't deserve to have plenty.
- if I get it, I'll just lose it.
- if I get rich, nobody will like me.
- making lots of money is not for the likes of me.
- I'm not good enough.
- money is the root of all evil.

- my family didn't have money, so I can't either.

- I'm just a born loser.

- having lots of money is too much responsibility.
- money is dirty.
- I don't want to be *filthy* rich.
- I am no good with success.
- I am not in control of my life.
- I am powerless (helpless).
- I am weak; I don't have what it takes to make it.

- only poor people are honest.
- I am too stupid (not smart enough).
- I am too insignificant (unimportant).

- you have to be mean to get rich.
- I am no good at money management.
- money is easy come, easy go.
- I cannot get what I want.
- I deserve to be miserable and go without.
- successful people are self-centered and ruthless.
- you have to work hard for everything you get.
- people would expect even more of me if I got rich.
- I wouldn't know how to act if I was rich.

Building Blocks

I choose to . . .

- deserve bountiful wealth and prosperity.
- become unbelievably wise in the ways of money.
- be real, self-accepting, likeable, and kind.
- become my ultimate best, and most worthy self.
- discover that I am *more* than good enough.
- use money as an exciting vehicle for acquiring the things I need and want. (The Bible says, “The love of money is the root of all evil.”)
- become the best I can be, and make my family proud of me.
- become delightfully aware of all my daily, and ongoing accomplishments.
- learn how easy it is to enjoy having lots of money.
- see money as just paper; it's deeds that matter.
- become comfortably rich.
- become enchanted with the delights of success.
- have exquisite control with mindful intent.
- have unlimited and exciting choices.
- discover that I have enormous inner strength, and the motivation for adventure.
- show that wealth and honesty *do* go together.
- surprise myself with my quick, unique intelligence.
- be extraordinarily significant (important) and special.
- grow wealth with honor, integrity, and ethics.
- become spectacular with managing money.
- develop artful consciousness with my spending.
- to attract ample prosperity, easily and effortlessly.
- believe it is my birthright to be happy and fulfilled.
- be successful and to always act honorably.
- find out how to work smarter instead of harder.
- develop beautiful boundaries for self-care.
- recognize just how capable I really am.

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